

**SOCIAL WORKERS AND COUNSELORS:**  
All courses in this publication are accepted for continuing education by your licensing boards.

[www.mtctraining.com](http://www.mtctraining.com)

## REGISTRATION FORM

Questions?  
(803) 732-0432

Name \_\_\_\_\_ SSN (last 4 digits only) \_\_\_\_\_

Company/Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Business Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Email Address \_\_\_\_\_

### **LIST THE COURSES YOU WANT TO TAKE:**

Course Code: \_\_\_\_\_ Course Title: \_\_\_\_\_

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Course Code: \_\_\_\_\_ Course Title: \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Title: \_\_\_\_\_

### **METHOD OF PAYMENT:**

Check enclosed for \$ \_\_\_\_\_ (Payable to Midlands Technical College)

Bill my Employer (Letter of Authorization must be attached)

VISA  Discover  MasterCard No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

#### **SPECIAL NOTE**

Classes begin promptly at the time indicated on the course description. Lunch is scheduled from 12—1 PM and is not included unless otherwise noted in the description. Participants who attend for CE hours are expected to sign in for the morning and again for the afternoon session and must be present for the entire class to receive certificates and CE hours from the college.

**FAX form to (803) 732-5255  
or cut and mail to:**

Continuing Education Division  
Midlands Technical College  
P.O. Box 2408  
Columbia, SC 29202

Your tuition is fully refundable up to 5 business days prior to the start of a course. If you notify MTC Registration Office less than 5 business days prior to the beginning of the course you will be unable to attend, you may provide a substitute, or you may request a 50% refund of your tuition. There will be No Refunds after the course begins. Please note that you are still responsible for payment if you do not cancel.

#### **Continuing Education Credit:**

Many of these courses have been submitted to the SC Board of Long Term Health Care Administrators for CE hours. Courses submitted are indicated by an asterisk (\*) after the title on the previous page.

**This information is required for our federal reporting. Please check:**

SEX:  Male  Female RACE:  White, Non-Hispanic  
 Black, Non-Hispanic  
 Asian or Pacific Islander  
 American Indian/Alaskan Native  
 Hispanic



**Register on-line at:**  
[www.mtctraining.com](http://www.mtctraining.com)



Harbison Campus  
PO Box 2408  
Columbia, SC 29202

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## Healthcare and Human Services

Spring/Summer  
**2006**



# Workshops for the Professional



Continuing Education

# For Healthcare and Human Services Professionals

**Spring/Summer 2006**

**March-August**

## **Radical Forgiveness**

**CEHHS 57601**      **Mar 23**      **\$110**  
**TH**      **9 AM - 4:30 PM**      **Harbison**

This workshop offers an introduction to a counseling/coaching technique known as Radical Forgiveness. It was developed by Colin Tipping who practices in Atlanta. The simple, easy-to-use tools provided in this workshop can help you to help others let go of emotional baggage from the past and feel the joy of living in total surrender to the process of life as it unfolds - however it unfolds. Instructor: Judy Ripley, MSW, LISW-AP. For social workers and counselors.

## **Social Workers Promoting Social Justice And Ethics**

**CEHHS 57201**      **Apr 25**      **\$110**  
**T**      **9 AM - 4:30 PM**      **Harbison**

Social work is a profession based on core principles of promoting social justice and upholding a stringent ethical code. Doing one's part towards achieving social justice is a responsibility of every social worker. The morning session of this workshop will promote the vision of the National Association of Social Workers and the International Federation of Social Workers to promote social justice in the US and internationally. Social workers also have an obligation to go beyond their own ethical conduct to promoting ethical organizations and communities. The afternoon session will focus on ethical issues in systems. Instructors: Sarah Meadows, MSW, LISW-AP. George Appenzeller, MSW, LMFT. For social workers and counselors.

## **New Wave Senior Health Care\***

**CEHHS 61201**      **Apr 27**      **\$110**  
**TH**      **9 AM - 4:30 PM**      **Harbison**

This program gives insight into Senior Health Care - Assisted Living and Residential Care. Administrators and management staff will leave this program with a broader knowledge of what it takes to be successful and provide the highest quality of life to residents. You will look at regulations from a new standpoint and leave with new ideas and a brighter outlook on the profession. Instructor: Patricia Schneider, RN. For administrators in assisted living and residential care facilities and for social workers and counselors in a residential care setting.

## **Long Road Toward Assisted Living\***

**CEHHS 56901**      **May 2**      **\$110**  
**T**      **9 AM - 4:30 PM**      **Harbison**

In today's competitive market, more of our elderly population are choosing residential care and assisted living as alternatives to nursing home care. This workshop will explore how your facility can better serve residents, screen residents, and make care changes as needed. Instructor: Patricia Schneider, RN. For nursing home, residential care and assisted living administrators.

## **Respecting Choices\***

**CEHHS 563 01**      **May 3 - May 10**      **\$198**  
**W**      **9 AM - 4 PM**      **Northeast**

Respecting Choices is a nationally recognized program to train professionals in advance care planning. Participants will develop a systematic model that can be adapted to different care settings; examine the concepts of ACP and develop the skills to facilitate ACP discussions.

Instructors: Tamara N. West, Director of SC Programs for the Carolinas Center for Hospice and End of Life Care and Cynthia Forrest, PHD, MSW, Director for the Education Division for the Center for Child and Family Studies at the College of Social Work at USC. For social workers, counselors and long term care administrators.

## **Anger Management Skills for Marital Success and Healthy Lifestyles**

**CEHHS 57301**      **May 4**      **\$110**  
**TH**      **9 AM - 4:30 PM**      **Harbison**

The ability to manage anger has been shown to be important in predicting marital success, encouraging health, determining therapeutic relationships, and improving emotional intelligence. This workshop will introduce participants to effective skills for the management of anger. Participants will learn how anger impacts marriages, therapy relationships, health, and emotional intelligence. Instructor: Larry Clanton, MSW, PHD. For social workers, counselors, and marriage and family therapists.

## **Early Intervention With Aggressive Youth**

**CEHUM 51001**      **May 11**      **\$110**  
**TH**      **9 AM - 4:30 PM**      **Harbison**

When adolescents are belligerent, argumentative and defiant, parents often feel bewildered and helping professionals can feel helpless. Left unchecked, this behavior can lead to negative consequences such as violence, institutionalization or incarceration. This workshop will suggest early intervention methods that helping professionals can employ with parents and teens to address hostile adolescent attitudes and behavior. The seminar will use a coordinated cognitive-behavioral approach that can be used to intervene in the cycle of belligerent behavior. Instructor: George Appenzeller, MSW, LPC, LISW-AP, CP; Sarah Meadows, MSW, LISW-AP. For social workers and counselors.

## **Helping Couples Make Positive Decisions**

**CEHHS 57001**      **May 17**      **\$110**  
**W**      **9 AM - 4:30 PM**      **Northeast**

The process of helping couples make positive decisions involves the counselor's ability to analyze the situation and move the couple forward towards change. This workshop will address stumbling blocks in the decision making process; the therapist's values and their impact on helping couples make decisions; manipulation in the process of decision making; steps in the decision making process; and evaluating the process and progress. Instructor: Francine Muscarella, MSW, LMSW. For social workers, counselors, marriage and family therapists and clergy.

## **Alzheimer's: Understanding the Stages\***

**CEHUM 512 01**      **May 23**      **\$110**  
**T**      **9 AM - 4 PM**      **Harbison**

Increase your ability to work successfully with those who have Alzheimer's. You will learn how each stage of the disease requires you to have different skill sets and techniques to communicate, interact and help. Instructor Terry Woodward is a licensed CRCFA, specializing in dementia and Alzheimer's. For nursing home, residential care and assisted living administrators, and for social workers and counseling professionals.

### **In Praise of Residential Care\***

**CEHHS 86903**                      **Jun 6**                      **\$110**  
**T**                                      **9 AM - 4:30 PM**                      **Harbison**

Topics: developing management skills to work successfully with staff, residents and families; setting up a specialized unit; setting priorities; understanding your role and how to fulfill it; current trends in residential care and marketing; and developing the best possible atmosphere within your facility to produce contented residents, staff, and families. Instructor: Patricia Schneider, RN. For administrators in assisted living and residential care facilities. Also for social workers and counselors who work with the elderly in a residential facility.

### **Quality Assurance Audit-Quick and Easy Way\***

**CEHHS 56201**                      **Jun 9**                      **\$65**  
**F**                                      **9 AM - 11 AM**                      **Northeast**

This workshop will prepare you to develop a QA audit tool to measure the most difficult aspects of care. Participants will learn to: (1) Develop a QA audit tool for the Federal tags that affect Long Term Care (2) Identify issues of quality care that affect resident care and that are problematic areas to address (3) Discuss timing as it relates to the sequencing of QA audits. Instructor: Martha Bursinger, RN, and dually licensed nursing home administrator. For nursing home, residential care and assisted living administrators. Also for social workers and counselors in a residential care setting.

### **Workforce Issues in Long Term Care\***

**CEHHS 56101**                      **Jun 9**                      **\$65**  
**F**                                      **1 PM - 4 PM**                      **Northeast**

As a participant, you will learn about the characteristics that distinguish each generation, about the positive and negative aspects of each, and how you can help to eliminate negativism that arises in a multi-generational workplace. You can also learn how to become a champion for workplace harmony and positive change. Instructor: Martha Bursinger, RN, and dually licensed nursing home administrator. For nursing home, residential care and assisted living administrators, social workers and counselors.

### **Communicating Strategies for Those with Dementia\***

**CEHUM 51101**                      **Jun 13**                      **\$110**  
**T**                                      **9 AM - 4 PM**                      **Harbison**

Come to this seminar to learn how you can communicate more effectively with those with who have dementia. Terry Woodward is a Certified Residential Care Facility Administrator and has worked in assisted living communities. She has a B.A. in Psychology and an M.Ed. in Community and Occupational Programs in Education with a concentration in Gerontology. For social workers, counselors, nursing home, residential care and assisted living administrators.

### **Assessment and Treatment of Chronic Pain\***

**CEHUM-514-01**                      **June 15**                      **\$65**  
**TH**                                      **9:00AM - 12:00PM**                      **Northeast**

Chronic pain is a common ailment, which is under-diagnosed, rarely extensively treated and a special problem in the elderly. This course reviews assessment and treatment options for chronic pain and examines many variables that affect how pain is experienced. Instructor: Steven Iacono, LMSW Social workers, long term care administrators, vocational rehabilitation counselors, physical & occupational therapists, psychologists & recreational therapists.

### **Aging & Illness: Physical Changes Emotional Consequences\***

**CEHHS 74002**                      **Jun 16**                      **\$110**  
**F**                                      **9 AM - 4:30 PM**                      **Northeast**

The psychological effects of stroke, heart attacks, amputations, dementias and other illnesses can be devastating to anyone, but in the elderly, they can be catastrophic. This workshop will explore the effects these problems have on the elderly and their family systems. Topics: real and perceived losses; understanding the grieving process; therapeutic interventions; family stressor symptoms; and how counseling and education empower the client and family Instructor: Rafe Ellisor, LMSW. For social workers, counselors and long term care administrators and staff.

### **Life Management Skills (Managing Your Stress)\***

**CEHHS 56701**                      **Jun 28**                      **\$95**  
**W**                                      **7:30 AM - 12:30 PM**                      **Harbison**

You will learn to identify your current life stressors and specific ways to cope with them. Topics include eustress vs. distress, stress and nutrition, guided imagery, progressive muscle relaxation, thought stopping, relaxation techniques and the four dimensions of a stress reduction plan. Note: This early morning workshop (7:30 AM - 12:30 PM) is part one of a daylong marathon for CE hours. A box lunch is served at 12:30. Instructor Francine Muscarella, MSW, LMSW. For social workers, counselors, and long term care administrators.

### **Life Management Skills (Managing Your Time)\***

**CEHHS 56601**                      **Jun 28**                      **\$90**  
**W**                                      **1 PM - 6 PM**                      **Harbison**

Learn how to do a time audit, prioritize your work, and discover time wasters and time savers. Topics include personal organizers, balancing career and family, goal setting, time checks and other useful tools. This workshop is part two of a day-long CE marathon and may be taken as a separate unit since it meets from 1 - 6 PM. Lunch is not served to those taking only this part of the CE marathon. Instructor: Francine Muscarella, MSW, LMSW. For social workers, counselors, and long term care administrators.

### **Marital Evolution: Removing Contamination and Harvesting Intimacy**

**CEHHS 56401**                      **Aug 9**                      **\$110**  
**W**                                      **9 AM - 4:30 PM**                      **Harbison**

This one-day workshop is for marital therapists, family therapists, and other counseling professionals who want to understand the psychodynamics of individuals and those with whom they partner. The information gained from this workshop will also greatly benefit those who would like to better understand their own marriage and move their relationship to the next level. Instructor Michael K. Newman, Ed.D, LISW-CP Supervisor, CAC 11. For social workers, counselors, marriage and family therapists and clergy.

**\*An asterisk after a course title indicates that the course will be submitted to the SC Board of Long Term Health Care Administrators for continuing education hours.**

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